



38th Annual ROTARY RAMBLE

"WOODEN SHOE RACE"

5K RUN OR FITNESS WALK

Saturday, August 11, 2018



Start Time: 8:00 am CDT (Chicago Time)

PRE-REGISTRATION-Online/ByMail
(Postmarked by Saturday, August 4th)

Online Registration Preferred

- With wicking Sport Science T-Shirt \$20.00
- No Shirt \$15.00
- Family Fee Full parent fee paid, with shirt, each child 14 & under \$10.00
- Gold Cup Series Discount Deduct \$3.00
- No Gold Cup Discounts allowed with family entry.

LATE REGISTRATION-Online/Onsite only
(Online Registration thru Thursday, August 9)

- **\$3 Discount for Online Registration**
- **No Onsite Discounts**
- With wicking Sport Science T-Shirt (no size guarantee) \$25.00
- No Shirt \$20.00
- Family Fee Full parent fee paid, with shirt, each child 14 & under \$12.00

Online Registration & Results: www.thtiming.com

Onsite Registration and Packet Pick-up

DeMotte Elementary School
US 231 Halleck St., DeMotte
Friday, (8/10/18) 6:30 - 7:30 pm
Saturday, (8/11/18) 6:45-7:45 am

Each person must fill out separate entry form.
Mail To: Rotary Ramble, P.O. Box 453, DeMotte, IN 46310
Make Checks Payable to: Rotary Ramble

Race Start and Finish

Intersection of Birch St & 9th St.
(NW of Elementary School)

USATF certified course
IN13045 TDK
Gold Cup Series race
Chip timed • Ultra "on the bib" timing tags
Mostly flat course • 3 water stops
Split times at every mile

Run Awards

5K Run: Wooden shoes to the top three overall male and female finishers, the first three finishers in each age & special run divisions; masters, youngest, oldest.

Run Divisions

8 & Under	9-10	11-12	13-14	15-16	17-18
19-24	25-29	30-34	35-39	40-44	45-49
50-54	55-59	60-64	65-69	70-74	75-79
80 & up					

Special Run Divisions*

Weigh in at registration or packet pick up

Male

Clydesdale 1...210-229#
Clydesdale 2...230# plus

Female

Athena 1...150-169#
Athena 2...170# plus

*not eligible for age division awards.

Fitness Walk Awards

Wooden shoes to the first three overall male and female finishers, the oldest finisher and the first male and female finisher in each age division.

Fitness Walk Divisions (Male & Female)

39 & Under (1) • 40-49 (1)
50-59 (1) • 60-69 (1) • 70 & up (1)

Parade and Festival follow the race

General Information:

NO Refunds or transfer of numbers
The following are NOT ALLOWED on the course: Baby joggers and/or strollers, scooters, animals, bicycles, skateboards, roller blades/skates or other wheeled objects (except wheelchairs) or music playing audio devices. **Indiana High School Cross Country runners must receive waiver from Athletic Director to compete.**

MAKE CHECKS PAYABLE, DETACH & MAIL TO ROTARY RAMBLE • P.O. Box 453 • DeMOTTE, IN 46310

PLEASE PRINT

M F

FIRST NAME _____ LAST NAME _____ SEX _____ AGE (on race day) _____ BIRTHDAY M/D/Y _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____ TELEPHONE # _____

T-Shirt Size (Circle One) NONE SM MED LGE XLGE XXLGE

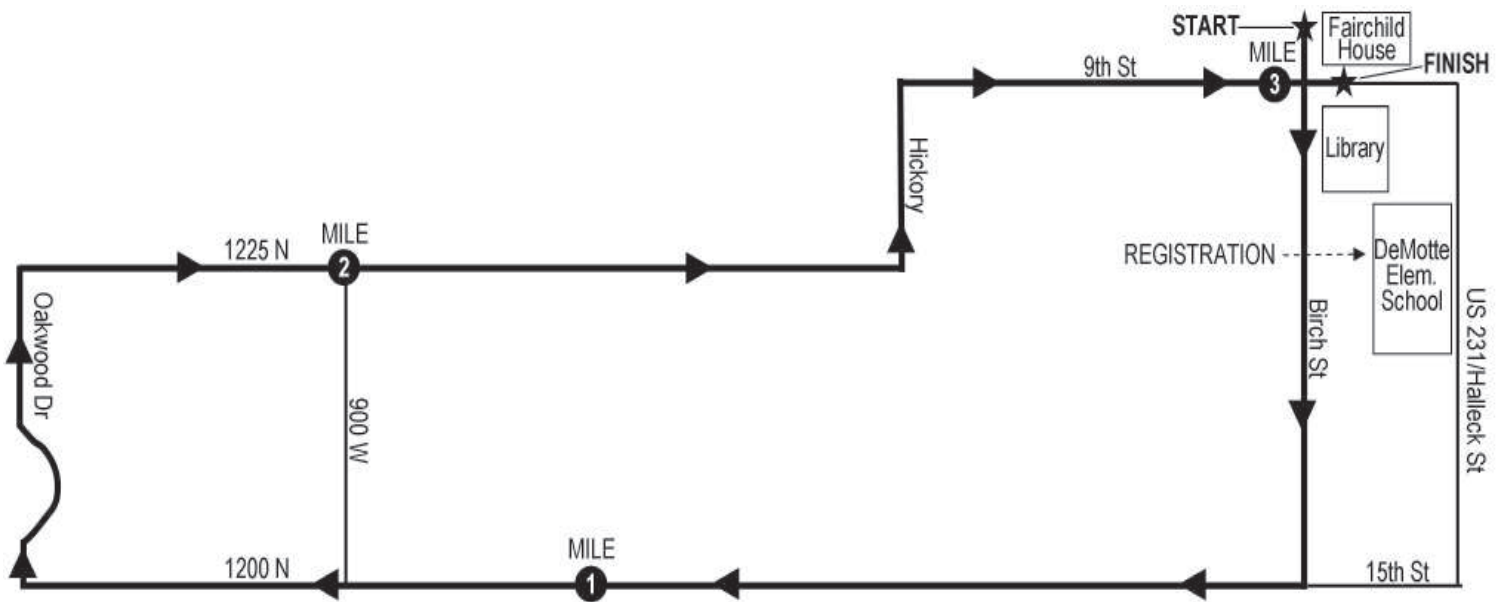
E-MAIL ADDRESS _____

Division: (Circle One Only) 5K RUN 5K WALK CLYDESDALE 1 (M-210-229) CLYDESDALE 2 (M-230 UP) ATHENA 1 (F-150-169) ATHENA 2 (F-170 UP) 2018 Gold Cup

PLEASE READ ENTRY FORM AND WAIVER CAREFULLY BEFORE SIGNING.

I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with my voluntary participation in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, precipitation, animals, traffic and road conditions. I further assume and will pay my own medical and emergency expenses in the event of an accident, illness, or other incapacity regardless of whether I have authorized such expenses. Knowing these facts, I, for myself, heirs, executors, administrators, or anyone else who might make a claim on my behalf, COVENANT NOT TO SUE, WAIVE ALL CLAIMS AGAINST, AND FULLY RELEASE & DISCHARGE the DeMotte/Kankakee Valley Rotary Club, the Town of DeMotte, Kankakee Valley School Corporation, Calumet Region Striders, race participants, race officials, workers, volunteers, and all sponsors, (collectively, the "Releases") for ANY AND ALL claims of liability, including without limitation the sole or contributory negligence of any or all the Releases, whether foreseen or unforeseen, for death, personal injury (whether temporary or permanent), or property damage arising out of, or in the course of my participation in and/or travel to & from this event. I further grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. No refunds if this event is cancelled. **I attest that I have read the race rules and agree to abide by them.**

Participant's _____ DATE _____
Signature or (Parent if under 18 years old)



DIRECTIONS TO DEMOTTE

From the South: I-65 to Ind. 10 exit (DeMotte/Roselawn) East on Rt. 10 for 3-¾ mile, turn north (left) on Rt. 10 (John Deere) for 3 miles (4 way stop). North on 231 approximately 4/10ths of a mile. DeMotte Elementary School is on the left.

From the North: I-65 to Rt. 2 exit (Lowell). Go East (left) on Rt. 2 for 5 1/2 miles. Turn South (right) on Rt. 231 (flashing red light) for 6-8/10ths miles. DeMotte Elementary School is on the right.

From the East: U.S. 30 West to Ind. 49 South, until it intersects with Rt. 10 (Wheatfield). Turn West (right) on Rt. 10 for 8 miles (also Rt. 231). Follow Rt 231 North around curve for approximately 4/10ths of a mile. DeMotte Elementary School is on the left.

Course Records:

Francisco Medrano	14:52	2010	Lafayette
Kelly Cordell	16:30	2000	SanLuisObispo,CA

Age Group Records:

8 & under	Dustin Navejas Reilly Boyer	20:16 22:47	2009 2013	Lowell Lowell
9-10	Micah Vanderkooi Reilly Boyer	19:49 20:56	2012 2014	ByronCenter,MI Lowell
11-12	Micah Vanderkooi Elspeth Young-Brust	19:13 20:18	2013 2011	ByronCenter,MI Union Mills
13-14	Francisco Medrano Michelle Dela Vina	16:24 18:14	2004 1997	Lafayette Valparaiso
15-16	Francisco Medrano Michelle Dela Vina	15:02 17:59	2006 1999	Lafayette Valparaiso
17-18	Francisco Medrano Tiffany Redlarczyk	15:26 18:25	2008 2003	Lafayette Dyer
19-24	Francisco Medrano Collette Liss	14:52 16:54	2010 97/98	Lafayette Valparaiso
25-29	Eric Wallor Kelly Cordell	15:36 16:30	2011 2000	Chicago, IL SanLuisObispo,CA
30-34	Josh May Karen DeVries	15:44 18:45	2014 1994	Homewood, IL Valparaiso
35-39	David Buysse Sandra Stefanski	16:30 18:29	2007 2000	Carmel Crown Point
40-44	Chris Shockley Andrea Blocher	16:38 18:18	2000 2008	Flossmoor, IL West Lafayette
45-49	Sam Cortes Andrea Blocher	16:21 18:52	1999 2010	Orland Park, IL W. Lafayette
50-54	Rick Fenno Sandra Stefauski	16:51 20:53	2007 2014	Crown Point Crown Point
55-59	Rick Fenno Linda Verduzco/Lynn Reichle	17:46 21:58	2013 1995/2008	Crown Point Hammond/Valpo
60-64	Roger Steffen Paity Rose	18:57 22:56	2010 2012	Rensselaer Valparaiso
65-69	Joe Betz Jean Jannasch	20:16 24:32	2015 2012	Valparaiso Valparaiso
70-74	Melvin Waite Margie Van Kley	21:47 30:01	1998 2013	Hobart DeMotte
75-79	Melvin Waite Jo Presser	23:26 46:22	2003 2007	Hobart Michigan City
80 & up	Champ Merrick Jo Presser	37:01 47:30	2014 2009	Munster Michigan City
5k Walk	Vince Lorenz Melissa Moeller	25:56 25:37	2014 2014	Russville Valparaiso
Athena 1	Jessica Balko	21:32	2014	Mishawaka
Athena 2	Melinda Kirchner	29:06	2012	Farmersburg
Clydesdale 1	Dominic Willis	18:43	2006	Wheatfield
Clydesdale 2	David Veldman	24:30	2012	Rensselaer
Wheelchair	Lindsay Hanson	21:17	1998	Valparaiso

FREE PEE WEE RUN

The first race begins at 9:00 am on the lawn of the Fairchild House which is a 2 story brick house on 9th Street directly across from the DeMotte Public Library. All pee wee runners must have a parent sign a waiver form on race day between 7:45 and 8:50 am. Sign ups will be at the front door of the Fairchild House. Ages 2-10 may participate. Ribbons and goodie bags are awarded to all the runners. No times, places or special awards are given. Distances are according to age ranging from approximately 25 to 300 yards.

RAMBLE SPONSORS

- DeMotte State Bank
- Pizza Hut
- McDonalds
- The Hamstra Group, Inc.
- Century Insurance Company
- State Rep. Douglas Gutwein
- REMC
- Dr. Nallari
- Fieldhouse Ford
- Town and Country Paving
- Kapers Building Materials
- Helena Fertilizer
- Century 21 - Risner Group
- Kankakee Valley Post-News
- Fase Water Treatment & Rental
- Wiers Chevrolet Cadillac GMC
- Franciscan Health Rensselaer
- Belstra Milling
- Edward Jones-DeMotte

INFORMATION:

E-mail: rotaryramble@hotmail.com